

GET HELP NOW

**TO SPEAK
WITH A
MENTAL
HEALTH
PROFESSIONAL
24/7**

CALL COLORADO CRISIS FOR
NON-EMERGENCY SERVICES
1.844.493.8255/
TEXT "TALK" to 38255

**CONTACT A
THERAPIST**

VISIT BUILDINGHOPESUMMIT.ORG
/ FIND A THERAPIST

**I NEED
MEDICATION FOR
MENTAL HEALTH**

SUMMIT COMMUNITY CARE CLINIC 970.668.4040
MIND SPRINGS HEALTH 970.668.3478

**TALK TO A
SUPPORTIVE
PEER**

**970.485.6271
option 2**

OR TEXT 970.989.9634

**NEED HELP
NAVIGATING
MENTAL
HEALTH
SERVICES?**

VISIT
[HTTPS://WWW.SUMMITFIRC.ORG](https://www.summitfirc.org/en/health-wellness/)
/EN/HEALTH-WELLNESS/
970.262.3888

**FOR EMERGENCY MENTAL
HEALTH NEEDS**

CALL 911 AND REQUEST THE SUMMIT COUNTY SHERIFF'S OFFICE
SMART TEAM (SYSTEM-WIDE MENTAL ASSESSMENT RESPONSE TEAM)



YOU ARE NOT ALONE
CONNECTION
RESOURCES

WWW.BUILDINGHOPESUMMIT.ORG

BUILDINGHOPE
SUMMIT COUNTY